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at least one layer of wrap material enclosing the single layer tray within one or more folds of the at least one layer of wrap material; and

an outer packaging disposed about both the single layer tray and the at least one layer of wrap material.

46. The medical procedure kit of claim 45, wherein one of the first syringe or the second syringe contains lubricating jelly.

47. The medical procedure kit of claim 46, wherein another of the first syringe or the second syringe contains water.

48. The medical procedure kit of claim 47, wherein the water is sterile.

49. The medical procedure kit of claim 45, further comprising a specimen jar disposed within the single layer tray.

50. The medical procedure kit of claim 45, the single layer tray comprising a lubricating jelly application compartment.

51. The medical procedure kit of claim 50, the lubricating jelly application compartment to receive lubricating jelly from one of the first syringe or the second syringe to lubricate at least some of the Foley catheter.

52. The medical procedure kit of claim 45, further comprising printed instructions for using the single layer tray.

53. The medical procedure kit of claim 52, the printed instructions to instruct application of lubricating jelly to the Foley catheter using a lubricating jelly application compartment of the single layer tray.

54. The medical procedure kit of claim 45, further comprising one or more swabsticks disposed within the single layer tray.

55. The medical procedure kit of claim 45, further comprising a Foley catheter securement device disposed within the single layer tray.

56. The medical procedure kit of claim 45, further comprising an underbuttocks drape disposed within the outer packaging.

57. The medical procedure kit of claim 45, further comprising gloves disposed within the outer packaging.

58. The medical procedure kit of claim 45, further comprising hand sanitizer disposed within the outer packaging.

59. The medical procedure kit of claim 45, further comprising a diagram of contents of the medical procedure kit.

60. The medical procedure kit of claim 45, further comprising a fenestrated drape disposed within the outer packaging.

61. A medical procedure kit, comprising:

a surface defining a single layer tray having a first compartment separated by a barrier from a second compartment, the second compartment configured for receiving a medical assembly comprising a Foley catheter, a coiled tubing, and a fluid drain bag;

a first syringe and a second syringe disposed within the first compartment;

the medical assembly disposed in the second compartment;

at least one layer of wrap material enclosing the single layer tray within one or more folds of the at least one layer of wrap material; and

an outer packaging disposed about both the single layer tray and the at least one layer of wrap material.

62. The medical procedure kit of claim 61, wherein one of the first syringe or the second syringe contains lubricating jelly.

63. The medical procedure kit of claim 62, wherein another of the first syringe or the second syringe contains water.

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64. The medical procedure kit of claim 63, wherein the water is sterile.

65. The medical procedure kit of claim 64, further comprising a specimen jar disposed within the single layer tray.

66. The medical procedure kit of claim 61, the single layer tray comprising a lubricating jelly application compartment.

67. The medical procedure kit of claim 66, the lubricating jelly application compartment to receive lubricating jelly from one of the first syringe or the second syringe to lubricate at least some of the Foley catheter.

68. The medical procedure kit of claim 61, further comprising printed instructions for using the single layer tray.

69. The medical procedure kit of claim 68, the printed instructions to instruct application of lubricating jelly to the Foley catheter using a lubricating jelly application compartment of the single layer tray.

70. The medical procedure kit of claim 61, further comprising one or more swabsticks disposed within the single layer tray.

71. The medical procedure kit of claim 61, further comprising a Foley catheter securement device disposed within the single layer tray.

72. The medical procedure kit of claim 71, further comprising an underbuttocks drape disposed within the outer packaging.

73. The medical procedure kit of claim 71, further comprising gloves disposed within the outer packaging.

74. The medical procedure kit of claim 73, further comprising hand sanitizer disposed within the outer packaging.

75. The medical procedure kit of claim 73, further comprising a diagram of contents of the medical procedure kit.

76. The medical procedure kit of claim 73, further comprising a fenestrated drape disposed within the outer packaging.

77. A medical procedure kit, comprising:

a single layer tray having a first compartment separated by a barrier from a second compartment configured for receiving a medical assembly;

a first syringe and a second syringe disposed within the first compartment;

the medical assembly disposed in the second compartment, the medical assembly consisting essentially of a Foley catheter coupled to a coiled tubing, wherein the coiled tubing is coupled to a fluid drain bag;

at least one layer of wrap material enclosing the single layer tray within one or more folds of the at least one layer of wrap material; and

an outer packaging disposed about both the single layer tray and the at least one layer of wrap material.

78. The medical procedure kit of claim 77, wherein one of the first syringe or the second syringe contains lubricating jelly.

79. The medical procedure kit of claim 78, wherein another of the first syringe or the second syringe contains water.

80. The medical procedure kit of claim 79, wherein the water is sterile.

81. The medical procedure kit of claim 77, further comprising a specimen jar disposed within the single layer tray.

82. The medical procedure kit of claim 77, the single layer tray comprising a lubricating jelly application compartment.

83. The medical procedure kit of claim 82, the lubricating jelly application compartment to receive lubricating jelly from one of the first syringe or the second syringe to lubricate at least some of the Foley catheter.

84. The medical procedure kit of claim 77, further comprising printed instructions for using the single layer tray.